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- 28 -

## **INFLAMMATORY DISEASE TREATMENT**

### **ABSTRACT OF THE DISCLOSURE**

5 We describe a composition comprising a source of long chain polyunsaturated fatty acid, for example, docosahexaenoic acid (DHA), and a carotenoid, for example, astaxanthin and other nutrients for prophylactic and/or therapeutic use in the healing of trauma- and stress-induced inflammatory conditions.